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EEG

You have been scheduled for a test known as an **EEG** (electroencephalogram) in the office. This is a common test which records and amplifies the electrical activity of the brain, ordered for a number of reasons, but most often in evaluating seizures or possible seizures.

During the test, special sensors are applied to the scalp with paste. You will be asked just to relax in a recliner during the test, we don't mind if you go to sleep, in fact we like most patients to sleep a bit during the recording. The test involves no pain or risk, the paste easily washes out of your hair with regular shampoo.

If your test is order with "sleep deprivation", we would ask that you sleep only 4 hours the night before the test.

Please do not eat or drink anything containing caffeine for 24 hours before the test, otherwise you can eat a regular diet.

Please make sure your hair is clean and free of hairspray, oils, mousse, conditioner or gels for the test.

Please take your regular medications as prescribed.
